



## MOTHER'S ON THE MOVE INTAKE REQUIREMENTS

1. Complete application and return immediately  
Email: *newlifemom@gmail.com*  
Mailing address: *1723 Old Charlotte Rd Concord, NC 28027*  
Fax: 866-593-8838
2. Interview with Director.  
(Please call for an appointment)
3. General physical, TB test, blood work for HIV, hepatitis, and sexually transmitted diseases.
4. Monthly Sponsorship Form.
5. Picture ID or State Card.
6. Social Security Card.
7. Commitment to our 18-24 month residential program.
8. Round trip transportation money on your account.
9. Letter of recommendation from probation/ parole if stipulated.
10. Copy of marriage certificate if you are married and wish to obtain mail, phone, and visiting privileges from your spouse.
11. Documentation of any outstanding court cases, and any medications you maybe on.
12. Read Program Manual thoroughly.



# Mother's On The Move

1723 Old Charlotte Rd Concord, NC 28027  
 (Office) 704-918-4196 (Fax) 866-593-8838  
 Residential Program Application -- Please Print

PLEASE  
 ATTACH  
 A  
 RECENT  
 PHOTO  
 OF  
 YOURSELF

**Instructions:** Give FULL and COMPLETE answers to ALL questions. Please answer all questions on this application *after you have read* the program manual and admissions information sheet. Misleading or incomplete information may jeopardize your entrance to this facility. If questions are not applicable, please enter N/A. The entrance fee to this program is \$300 payable on admission day into Mother's On The Program.

## GENERAL INFORMATION

First Name		Last		Middle		Gender (circle) M F	
Current Address				City/Town		Postal Code/Zip	
Date of Birth:	Month	D	Y	Age	Social Insurance Number		Phone number where to reach you ( )
Person to contact in case of any emergency:				Relationship to you:		Their home phone ( )	
Their address:				City/Town		Their work phone ( )	
Do you have health coverage?		Are you heterosexual, bisexual, or lesbian?				Religious preference or denomination	
State your current Marital status: Single, Married, Common-law, Separated, or Divorced?					Spouse's Name		Number of Children:
Does your spouse support you coming into the M.O.M program?						Spouse's home phone ( )	
Have you read the program manual in its entirety?			Have you ever been in New Life For Youth anywhere previously?			If 'Yes', state location and date of entry:	
Do you fluently read, write and speak English?			Please state last grade completed:		State any post secondary school training you have taken:		
Please give comment on how you feel in general about the program rules:							
Are you willing to obey the rules in their entirety?			Do you understand that our approach is cold turkey? No drugs, alcohol or cigarettes.			Do you understand that the program is 18-24 months?	
By whom were you referred? Please give name, agency or group:						Their phone ( )	
Do you consider yourself to be a drug addict or an alcoholic?				Specifically what drugs have you used and for how long?			
Do you understand that Mother's On The Move is a Christian centered treatment program?				Why do you wish to Enter this program?			

## MEDICAL INFORMATION

Are you seeing a medical or psychiatric doctor for any reason?		If 'Yes', give date last seen and for what purpose:					
Name of current Physician		Physician's address				Physician's telephone: ( )	
Have you ever, or are you now receiving psychiatric treatment?		If 'Yes', for what purpose, and for how long?					
Are you presently taking any prescribed medication?		If 'Yes', state medication, for what purpose, and for how long?					
What is the general condition of your health?		Do you have any physical limitations that would hinder you doing normal manual labor?					
Have you ever been treated for AIDS?		Have you recently had any communicable disease?			If 'Yes', please give further info:		
Do you have high or low blood pressure?		Have you ever had cancer?		Do you have asthma?		Do you have diabetes?	
Do you have heart trouble?		Do you have epilepsy?		Do you require a special doctor prescribed diet?		Do you smoke?	
Current weight:	State your Height:	Do you have any allergies?		If yes, please state to what you are allergic to:			

PLEASE CHECK HERE IF YOU ARE CURRENTLY IN JAIL.

PLEASE COMPLETE ALL QUESTIONS, USE OTHER SIDE IF REQUIRED

### LEGAL/OTHER INFORMATION

Do you have any children?	What are their ages & sex?	Do you receive child support?
Do you have physical custody of the kids?	If no, give details	
Are you currently in Jail?	If 'Yes', give details, release date and name of institution:	
Probation/Parole officers' name	P.O.'s address	P.O.'s telephone number ( )
If applicable, give Probation or Parole reporting details		
Do you have any court cases pending?	If 'Yes', give details:	
Do you have outstanding debts and/or fines?	How do you plan to pay for these?	
Name of your Lawyer:	Address	Lawyer's telephone number ( )
Are you aware of any warrants for your arrest?	If 'Yes', give details:	
Have you ever been convicted for any crimes of violence?	If 'Yes', give details:	
Are you on a Disability pension or other benefits currently?	If 'Yes', give details:	
Are there other financial matters we should be aware of?	If 'Yes', give details:	
Please mention any other information you feel we should be aware of::		

I have read the Program Manual and rules of Mother's On The Move and its residential program and herein acknowledge my full understanding and commitment to co-operate with them. I also understand and agree that a breach of these rules and/or principles will subject me to disciplinary action and/or loss of privileges and/or dismissal from the program.

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_.

(city) (date) (month) (year)

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Witness

#### **FOR YOUR INFORMATION:**

Please be reminded that the \$300 entrance fee is due and payable on your entrance day into the M.O.M program. This fee is non-refundable. Also, we generally have a 1 to 2 week waiting list for a bed to become available.

### FOR OFFICE USE ONLY

Interviewed by	Interviewed in person or by telephone?	Date of Interview Month    D    Y
Applicant accepted?	2nd Interview required?	Decision to wait 48 hours?
Was the interview checklist used?	Waiting list procedure explained?	Tour given?
General Comments Action taken and/or Observations		health ins. process started?
		Viewed video?
		Was information checked for accuracy?
		Staff Initials

**NEW LIFE FOR YOUTH  
MEDICAL EXAMINATION FORM**

Upon examination of \_\_\_\_\_, I have found him/her, in my medical opinion, to be free from communicable diseases including:

VDRL \_\_\_\_\_; TB \_\_\_\_\_; HIV \_\_\_\_\_

Physical Health: \_\_\_\_\_  
(Good, average, poor)

Mental Health: \_\_\_\_\_  
(Good, average, poor)

Emotional Health: \_\_\_\_\_  
(Good, average, poor)

Handicaps (Physical, Mental, Emotional): \_\_\_\_\_

\_\_\_\_\_

Specific Treatment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Drug Allergies: \_\_\_\_\_

\_\_\_\_\_

In my opinion, this person is stable enough physically, mentally, and emotionally to participate in a long-term group program involving teaching, learning, taking of responsibilities and strict discipline to help produce a self-disciplined life.

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Address: \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

**\*PLEASE SEND RECORDS OF IMMUNIZATIONS\***



# **PROGRAM MANUAL**

## **Mother's On the Move**

**1723 Old Charlotte Road Concord, NC 28027**

**Phone: 704-918-4196 Fax 866-593-8838**

**E-mail: [newlifemom@gmail.com](mailto:newlifemom@gmail.com)**

**Web site: [www.newlifeintlnc.org](http://www.newlifeintlnc.org)**

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## **1.0 INTRODUCTION AND OVERVIEW**

New Life for Youth is a successful program, with a track record of over 3 decades. We provide Bible based training and instruction, structure, and discipleship, along with 24 hour supervision. At New Life for Youth, you will encounter the power of God dynamically as your life is changed.

In over 33 years that NLFY has been operating, we have learned some principles that may seem “Challenging” at first. You will experience an atmosphere charged with prayer and exposed to some of the finest Christian teaching available. But it will be YOU who will make the choices. Remember... we are more interested in the development of character.

You will be challenged to do your best in all things. **You need to know that no matter what you have done in the past, God is able to change you and start you on the road to a new life!**

This manual will introduce you to the NLFY Mother’s On the Move (M.O.M) Program. Although this organization is called New Life for Youth, we accept women and women with children from the age of 18 and over.

Though the guidelines of the program may seem strict, this is not a jail, institution, or a government agency. We know from experience that if you are going to succeed in life, you need structure and discipline. Therefore remember that the rules are set up to help you concentrate on getting your life together, with the help of God.

## **1.1 HISTORY OF NEW LIFE FOR YOUTH**

New Life for Youth was founded by Victor and Carmen Torres in their own home over 30 years ago.

It has since developed into a total family ministry including residential facilities for men and women, re-entry homes, and community outreaches of all types.

The Torres’ now serve as the Executive Directors of New Life for Youth and Senior Pastors of New Life Outreach International Church in Richmond, Virginia.

## **1.2 MISSION STATEMENT**

- Provide community-based drug education, prevention, and restoration programs.
- Create a framework that challenges people to reach their fullest potential. Spiritually—Socially—Educationally—Occupationally.

Develop and nurture the transformation of restored individuals into useful, productive, law-abiding citizens; committed to Christian faith, values, and living.

### **1.3 COSTS**

There is an induction fee of \$300.00 (non-refundable) to be paid upon arrival. The program is largely dependent on the free will offerings of concerned individuals to meet daily costs.

Help in the support of students in the program is partially provided by monthly sponsors. The sponsors can be parents, relatives, churches, friends, or concerned individuals. **We strongly encourage new students to raise monthly support from friends or relatives who are in a position to help.**

Other daily operational expenses and capital projects are raised through newsletters, church meetings and a variety of other means such as contract work projects, etc. These help to pay for your stay.

New Life for Youth is a registered charity. The ministry subscribes to strict fiscal standards of operation. A board of directors and an Executive Director govern New Life for Youth with daily operations handled by a Program Director and support staff.

### **1.4 WHO THE PROGRAM IS FOR**

The program is available to individuals over the age of 18, who have a sincere desire to seek answers to the difficulties that they are experiencing in dealing with life's problems.

Applicants must have a life controlling problem to be considered for this program.

Applicants must be genuinely serious about changing their life, and willing to voluntarily submit themselves to a disciplined 18-24 month residential program. You must be willing to consider Biblical solutions, be teachable, and have no severe disabilities that would prevent you from participating in the program.

We do not accept severe psychiatric cases or those who are currently on psychotropic medications. The New Life for Youth ministry is not set up to accept these cases; however individual cases will be reviewed. If, while attending the program, we find that the student is HIV positive, it is not our position to release the student provided they could cope with the daily rigors of the program.

## **1.5 HOW TO APPLY TO THE PROGRAM**

There are three types of interview procedures to enter the program:

### **A. ON SITE INTERVIEWS:**

If you live within a 2-hour driving radius of the center, you must apply in person by coming in for an interview Mondays between 11am and 2pm. You need to make an appointment. When you come in for an interview, you will be required to read this manual and fill out an application (if you haven't done so already). You will then be interviewed for possible entrance into the program.

### **B. BY MAIL, E-MAIL, OR FAX:**

If you live outside a 4-hour driving radius of the center, read this manual thoroughly, fill out the application and send it back to us. We will then call you to arrange a time for a telephone interview.

### **C. CURRENTLY INCARCERATED**

If you are currently incarcerated (in jail or in custody,) read this manual thoroughly and fill out the application. When the application has been filled out, return it to us. This can usually be done through your legal counsel or chaplain. We will then set up a time for either a visit or a telephone interview.

## **1.6 WAITING LIST**

If it is determined that you are eligible for the program, you will then be placed on the waiting list. While on the waiting list you will be required to call the center every Monday in order to maintain your position on the list until a bed becomes available. You may call in between the hours of 9am and 5pm.

If you fail to call on a Monday to keep your name on the list, your name will be moved to the bottom of the list. If you fail to call two weeks in a row, your name will be removed from the list.

## **1.7 ADMISSION TO THE PROGRAM**

The Intake Coordinator will arrange intake day and time. Upon arrival you will be checked into the dorm and meet with a staff member to complete the necessary entrance forms.

All belongings will be thoroughly checked to make sure you have only what is allowed as mentioned on the admission information sheet, which you received with your application. At this time you will also be checked to make sure that you are not carrying contraband on your person. A brief phone call will then be permitted to your family to let them know that you have arrived safely.

## **1.8 YOUR DECISION**

There may be many reasons why you came to NLFY Mothers On the Move for help. You might have been in rehabilitation programs before, but remember that New Life for Youth is different because it is a “Christ-centered” program. We believe that God, through His Son Jesus Christ is the answer to every problem that you are facing, or will face in the months to come. However, God does His part, but you must do your part. Your part is to be willing to seek God, accept direction from the staff and to put 100% effort into everything that you do.

This means you must be serious about wanting to change your life! It also involves giving up street attitudes and/or jailhouse attitudes and being open to learning the principles in the Bible. It is important that no one comes into the program thinking that she is going to change the program or the staff. Remember that you are only responsible to change what is in your life.

At NLFY “M.O.M” you will no longer be able to just “push” your problems aside. You must confront each problem and with God’s help overcome them. As you overcome your problems you will be a step closer toward maturity and complete freedom from the problems you were facing when you entered the program.

## **2.0 THE PROGRAM**

NLFY “M.O.M” operates a four phase Christian growth program with an optional fifth phase for those going into ministry training. We have found that our current program with these months of training have been the most effective way to help the students and meet their needs.

# **INDUCTION**

## **PHASE 1-ORIENTATION:**

The orientation phase is a minimum of 4 months. This includes a probationary period of one month for the student to adjust to the residential and structured nature of this program. This is a trial period and at the end of these 30 days, there will be an evaluation by the Director as to your progress. A decision will be made at this time whether you will proceed.

## **PHASE 2-INDUCTION**

The induction phase involves a minimum of 5 months with discipleship, counseling, teaching (individual and group). Vocational training, Bible studies, Chapel services, recreation, etc. To complete this phase, you will be expected to follow instruction, have a teachable attitude and have respect for people around you.

## **TRAINING**

### **PHASE 3-TRAINING:**

The purpose of the next 6 months is to prepare the student for a successful return to society, by helping students learn to face everyday stresses and problems appropriately, and to show continued growth and stability. Each individual receives vocational and academic training in life skills, and community involvement.

To complete this phase you will be showing that you can

- Accept personal responsibility
- Make wise choices
- Be self-motivated
- Show initiative
- Have tangible goals for the future
- Complete the academic goals for this phase
- Demonstrate the ability to apply and live out the principles that has been learned in the program

### **PHASE 4- RE-ENTRY:**

During the last months prior to the completion of phase 3, the student was assessed and plans were made for the type of re-entry program most beneficial for the student. Each re-entry program is unique and is designed to fit the student's specific needs. The Dean of students or Director will assist you in your re-entry plans. Some examples of re-entry may be:

- Employment
- School
- Apply for internship at a New Life for Youth Center

### **2.1 SPIRITUAL LIFE**

Within the program, emphasis is placed on your personal walk with God—through His Son, Jesus Christ. We help you to develop your spiritual life through morning and evening devotions, weekly chapels, and prayer, along with church on Sundays. Your active participation in these areas and being open to the teaching presented, chapels, and discipleship will significantly affect your progress.

These are all mandatory within the program, but it is our hopes that they will become a way of life for you once you complete the program. These activities are not simply things “to do” but are designed so that you can develop a deep personal relationship with God through His Son, Jesus Christ. New Life For Youth cannot set you free from drugs and alcohol—only a living God can permanently change you! John 17:3 says, “This is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent.” The only way to get to know someone is by spending time with him or her, and it is our prayer that you will develop a real hunger to know God intimately. He is the source of not only eternal life, but abundant life as well!

## **2.2 WORK DETAIL**

Each work detail time you will be assigned a job, which you are responsible to carry out thoroughly. You may be on the same job for a period of days or even weeks. We are here to teach you not only the spiritual aspects of living, but responsibility, dependability, and accountability, which are important in living an effective and satisfying Christian life. This means you will learn good work habits, and a mature work ethic.

Your job may consist of kitchen, cooking, laundry, child care, food pantry or working in one of our contract departments etc.

You will not be paid for any work you do in the program. You are not allowed to apply for or receive any social assistance such as Employment Insurance or welfare while in the program. The tasks you complete during work detail help you grow and develop Christian character.

This is also a way of making an offering back to the Lord for what He is doing for you in the program.

## **2.3 CLASSES**

We have different types of classes here at New Life for Youth, Studies for New Christians, and Group Studies.

The lessons you do in the Personal Studies class are designed so that you can work at your own speed. Each lesson has its own instructions, so read it carefully. If you have any questions, ask your instructor. Do not feel you have to rush or compete with any other student on how many lessons you do or how high your grade is. The most important thing is not how quickly you complete the lessons—but how much you apply to your life!

The Group Class is designed for the entire group to participate. This will be taught by one of your instructors. Homework will be assigned. You can take these homework assignments out of class to finish in study hall. It is very important that you do all assigned homework and hand it in when it is due. You will grow and advance in the program as you study and finish your homework as set out by your teacher.

Prompt attendance is required for all classes.

Periodically, guest teachers will be invited for special seminars.

## **2.4 RECREATIONS**

Recreation is part of the program and a privilege for all students for the purpose of regular exercise, and you will be expected to fully participate in all activities organized by the staff for that time period. Recreation may include walking, fitness program, hikes, sports, or other activities determined by the staff.

## **2.5 MINISTRY OUTREACH TEAMS**

The ministry teams are part of the program and also a privilege for all the students to be involved in. You will be expected to fully participate in all aspects of the outreach team you are assigned to.

## **2.6 ASSIGNED DISCIPLESHIP TRAINERS (Dorm Captains)**

When you arrive at the program, you will be assigned a discipleship trainer. We encourage you to discuss your problems with your discipleship trainer regularly. They are available to answer a variety of your questions or problems.

## **2.7 PASSES AND VISITS**

At various phases in the program you may apply to the Director for visits and also passes off the NLFY "M.O.M" property. Passes range from 8 hours in the third month to 72 hours for those who have been in the program for 6 & 9 months.

The Director has the final say on your requests. These privileges are dependent upon what month you are in, and your general progress and attitude in the program.

It should be noted that you might be required to take a urinalysis test if deemed necessary by the Director upon the return from a pass off property. Check your student handbook.

## **2.8 STUDENT HAND BOOK**

NLFY 'M.O.M' has a thorough Student handbook, which you receive during your induction into the program. It contains rules for all facets of the program, including appointments, purchases, work detail, church outings, recreation, etc.

It is your responsibility to familiarize yourself with the rules.

**Some of the most significant rules that will affect you are:**

- No glorifying your past

- No use of cigarettes, alcohol, drugs, or other substances
- No relationships with the opposite sex (unless you are married). If you have a relationship with someone before you come into the program, it will be reviewed in the third phase.
- No giving your last name or address out to anyone. This is to protect you from well meaning people who want to befriend you, and end up causing problems. We have found that these relationships can become detrimental to what God wants to do in your life because they can be distracting.
- No being off the property at any time unless you are with staff or have an approved pass.

## **2.9 DISCIPLINE**

Your behavior, (either good or bad) is recorded by staff on a “behavior report ticket” which is given to the Director and placed in your file. These may be either a merit or a demerit. Accordingly, your discipleship trainer will meet with you regularly to discuss these matters.

When you receive a demerit, the staff may correct you on the spot, and this may involve encouragement or reprimand.

Please know that there are two sides to love - affection and discipline. The main purpose for discipline is for you to learn. Don’t be discouraged if you are put on discipline. Many precious students were on discipline at one time or another. The key was that they learned from their mistakes, and continued to grow in the program! You can too!

## **2.10 DISMISSAL**

Activities, actions, and/or infractions that may result in the dismissal of a student from the program is:

- Smoking cigarettes, using drugs, alcohol, or other substances.
- Physical violence toward self or others, or threatening physical harm
- Theft of New Life For Youth property or the property of others.
- Willful damage of New Life For Youth property, or the property of others.
- Siding and abetting others in violating rules, policies or procedures.
- Absent without leave—off the property without an approved pass.
- Sexual misconduct
- Not willingly responding to teaching.
- Persistently demonstrating an attitude of disregard for the rules.
- Unteachable attitude

If you confess your needs in one of these areas, we will do all that can be done to help you. However, if you continually deny any fault or breach of the rules, (when the facts are present), we will be forced to dismiss you. Your actions and attributes will help determine your progress in the program.

### **2.11 IF YOU WISH TO LEAVE**

If you decide to leave, please sit down and talk to your Director about why you wish to leave. We won't try to force you to stay, however, it is important for us to help you see all the aspects of the decision you are making.

If at some time you want to leave the program, we will not stop you from leaving - so please do not sneak out! Also, do not continually say, "I'm leaving" or something similar. This could put the thought in someone else's mind and you would be responsible for that person leaving the program.

If you are dismissed, or leave by your own decision, you should make arrangements to take all your personal property with you. We cannot store your belongings for you. Any property you leave here will be placed in the "Blessing Room" for other students who come into the program.

### **2.12 RE-ENTERING THE PROGRAM.**

When students leave the program of their own choice, they may apply to re-enter after 30 days from the date of departure. If this happens, you may be required to come in for an interview again. You would restart the program again at the beginning of phase one.

When a student is dismissed from the program, application to re-enter may begin 3 months after the date of dismissal. However, it is at the discretion of the Director as to how long you will have to wait to re-enter the program and whether or not you will be permitted to return to this center or referred to another center.

### **2.13 GRADUATION**

After completing training at New Life for Youth, you are eligible to graduate based on the recommendation of the Director, whether the student has met all the necessary requirements.

## **Admissions Information Sheet**

- Applicants must arrive at program at the specified intake date & time. If for any good reason the applicant cannot arrive on the specified date & time, a call should be made to advise the Director.
- Full Medical must be returned to us before entry date.
- \$300.00 induction fee – Non refundable.

### **What to bring with you if you are able to:**

Underwear	Bible	Stamps	Children clothing
7 Casual Shirts maximum	Bible dictionary	Notebook	Child favorite blanket
7 Pants/Capris maximum	Towels/washcloth	Envelops	Child car seat
7 dresses maximum	Toiletries	Journal	Child favorite toys
7 Skirts/Tops set maximum	1 Plastic storage tote	Comb	Baby bottles etc.
6 footwear maximum	for under the bed	Brush	Exercise Clothing
Robe	1 vertical clothes	Hard candy	Personal CD.MP3
Shower shoes/flip-flops	hamper w/lid	Swim wear	Christian music

Bedding is provided. New Life For Youth also distributes other items that are donated to the program.

### **What not to bring with you:**

Cigarettes	Television	Radios	Books
DVD's	T-shirts w/slogans	Boom Box	Cut-offs
Magazines	Drugs/Alcohol	Playing Cards	Vehicles

You and your belongings will be thoroughly checked on the day of your admission. Items deemed unsuitable for the program will be confiscated and (at the students request) either destroyed or stored.

### **Bring the following information with you:**

- Names, addresses, and phone numbers of:
  - Probation/Parole officer
  - Lawyers & Court Orders (if applicable)
  - All members of your immediate family who might wish to visit you while You are in the program.
  - Person to notify in case of an emergency.
- Full information regarding court appearances including dates, times, court, judge, charge and paperwork.
- Any prescribed medication you are currently required to take as ordered by your physician.
- Health Insurance and Social Insurance numbers, Birth Certificate, Driver's License, and passport and immigration permits if applicable.

### **SUPPORT**

The actual costs per student averages \$2,000.00 per month. We would appreciate your effort in helping to raise some monthly support from your family and friends wherever possible. Please fill out names, addresses, postal codes, phone numbers, and monthly pledge amount. A receipt will be made at year's end. You can put this information on this sheet.